

Chicken artichoke sandwich

Makes one sandwich

2 slices rustic whole grain bread
1-2 tablespoons homemade mayonnaise or Hellman's*
1 teaspoon capers, rinsed and dried
Some chopped basil
2 baby artichokes confit
3 ounces braised chicken thigh meat, roughly shredded
Kosher salt and freshly ground black pepper
Handful of arugula

Spread each slice of bread with mayonnaise. Sprinkle one side with capers and then basil. Crush the artichokes and spread it evenly over the bread. Top with the chicken and season with salt and pepper. Cover with arugula and then the second slice of bread.

Cut in half and dive in.

* I like mayonnaise and I like Hellman's so I tend to put a generous smear of mayo on the bread when making sandwiches. Suite yourself and use as much or as little mayonnaise as you like.